

Amber Valley School Sport Partnership CPD Calendar 2025/26

All workshops & conferences below can be attended by up to 2 members of staff from each affiliated school

PE & SCHOOL SPORT IMPROVEMENT WOKSHOPS

<p><u>Building Confidence in delivering and understanding Primary School Physical Education (SESSION 1)</u></p> <p>Date: Friday 21st November 2025</p> <p>Time: 9am-12pm</p> <p>Venue: New Horizon Centre Unit 1 Linkmel Rd, Langley Mill, NG16 3RZ</p>	<p>Delivered over two sessions, the first session will focus on deepening participants' understanding of the national curriculum requirements in PE. It will enhance both theoretical knowledge and practical expertise, exploring effective pedagogical approaches, lesson planning strategies, and inclusive teaching methods. Participants will gain confidence in delivering high-quality, engaging PE lessons that develop skills, fitness, and enjoyment for all pupils.</p>	<p><u>Building Confidence in delivering and understanding Primary School Physical Education (SESSION 2)</u></p> <p>Date: Friday 28th November 2025</p> <p>Time: 9am-12pm</p> <p>Venue: TBC</p>	<p>The second session will focus on practical strategies for delivering fundamental movement skills, invasion games, and gymnastics. It is ideal for Early Career Teachers (ECTs) and anyone responsible for delivering Physical Education in their school who may lack confidence. Participants will gain hands-on experience, learn effective teaching techniques across a variety of sports/topics, and develop the skills to lead engaging, inclusive, and safe PE lessons across all Key Stages.</p>
<p><u>Being OFSTED Ready in Physical Education</u></p> <p>Date: Wednesday 4th February 2026</p> <p>Time: 4pm-5.30pm</p> <p>Venue: TBC</p>	<p>This session is designed to ensure your school is fully OFSTED-ready in Physical Education. It will cover what to expect from the new OFSTED inspection framework, the key steps schools need to take to demonstrate high-quality PE provision, and how the AVSSP PE portal can be used effectively to support planning, monitoring,</p>	<p><u>PE, School Sport, Physical Activity Interventions</u></p> <p>Date: Wednesday 25th March 2026</p> <p>Venue: TBC</p>	<p>This workshop will focus on PESSPA interventions within schools, exploring the wide-ranging benefits they can bring to pupils' physical, social, and emotional development. Participants will learn how to identify children and areas that would benefit most from targeted interventions, and gain practical strategies for planning and delivering these initiatives successfully and effectively.</p>

	and evidence of progress across the curriculum.		
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PE DELIVERY CPD WORKSHOPS

<u>Swimming</u> Date: Friday 3 rd October 2025 Time: 9am-12pm Venue: New Horizon Centre Unit 1 Linkmel Rd, Langley Mill, NG16 3RZ	This session aims to build teachers' and teaching assistants' confidence in delivering swimming activities to both non-swimmers and competent swimmers. Participants will learn effective strategies for leading engaging sessions, observe examples of good practice, and discover how to deliver activities safely and successfully without needing to enter the water themselves.	<u>Dodgeball – How to teach effectively and safely with links to Health-Related Fitness</u> Date: Wednesday 12 th November 2025 Time: 4pm-5.30pm Venue: TBC	Workshop on how to break down Dodgeball into skill-based activities, including dodging, throwing accuracy, and spatial awareness. Guidance on how to effectively referee a dodgeball game, ensuring fairness, safety, and engagement for all participants. Variations of games that can be played. How components of fitness like agility, speed, endurance, and coordination play a vital role within the sport.
<u>Dance: Lesson planning and sequencing</u> Date: Tuesday 2 nd December 2025 Time: 4pm-5.30pm	A session looking at how to deliver dance and engage a whole class in the topic area through a range of styles and genres. Learn how to use AVSSP lesson planning to offer different themes and music working	<u>Rugby – How to teach effectively and safely</u> Date: Wednesday 14 th January 2026 Time: 4pm-5.30pm	This workshop will be delivered by the Rugby Football Union (RFU) and will provide a comprehensive look at how to teach primary school rugby both effectively and safely. Participants will explore age-appropriate coaching techniques, practical

Venue: TBC	through individual movements, group work and performances.	Venue: TBC	activities to develop core skills, strategies for promoting inclusion, and methods to ensure safe, engaging sessions for all children.
<u>Tennis</u> Date: Wednesday 22 nd April 2026 Time: 4pm-5.30pm Venue: TBC	This workshop will be delivered by the Lawn Tennis Association (LTA) and will focus on how to deliver tennis effectively across both Key Stage 1 and Key Stage 2. Participants will explore practical, age-appropriate coaching strategies, skill development activities, and approaches to make sessions engaging, inclusive, and fun for all children.	<u>Orienteering & OAA</u> Date: Tuesday 20 th May 2026 Time: 4pm – 5.30pm	This workshop, delivered by Cross-Curricular Orienteering, will demonstrate how to effectively deliver orienteering activities for both Key Stage 1 and Key Stage 2 across your school site. Participants will explore a variety of practical examples, ways to engage pupils, and how orienteering can be creatively linked to other subjects across the curriculum.

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PE Subject Leader Briefing

Date: Tuesday 23rdth September 2025.

Time: 4pm-5.30pm

Venue: Virtual (Microsoft Teams)

- Competition & Events Programme 25/26
- AVSSP affiliation offer & programmes
- Additional opportunities in PE & School Sport
- Putting the “E” back into PE

Mid-Year PE Subject Leader Briefing

Date: Tuesday 10th March 2026.

Time: 4pm-5.30pm

Venue: TBC

Mid-year PE briefing providing any national updates and guidance in PE, School Sport Physical Activity. Further content to be distributed at a later date.

PE & School Sport Conference

Date: Friday 5th June 2026

Venue: New Horizon Centre Unit 1 Linkmel Rd, Langley Mill, NG16 3RZ

End of year conference recapping the academic year and looking forward to the next one. Updates around new national guidance in PE, School Sport & Physical Activity. Choice of Workshops will be available, content to be sent out at a later date.