Amber Valley School Sport Partnership Risk Assessment

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| Activity  | Tough Runner  |
| Reviewed  | April 2022 |

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| Risk of Injury  | Low Risk – No real medical attention required such as slight graze Medium Low Risk – Need for some assistance, athlete able to continue but may need something such as ice pack for relief Medium Risk – When an athlete requires more than ice treatment such as first aid equipment required for any cuts and bruises and if in a centre trained site site called High Risk – Need for external first aid such as ambulance services  |

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| Note to schools  | Whilst the AVSSP aim to ensure that facilities and activities are safe and appropriate to ensure that all athletes leave the competition / event / day safely it is the RESPONSIBILITY OF THE SCHOOL to ensure that all children remain in their care and practice safely whilst in attendance. A school responsibility will include the following which isn’t an exhaustive list; - toilet runs, safe practice when non participating, signing in and out, photo and medical consent, appropriate clothing and safety equipment such as shin guards.  |

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| Hazard  | Likelihood 1 Low – 10 High | Risk of Injury  | Control Measures  | Last know occurrence / expected number in last 12 months |
| Students accessing the centre, trip or fall when making their way to the centre.  | 2 / 10  | LR | Students are to be with the school teacher / designated career for the pupils and should walk through the centres with care. The centres will have risk assessment for the students walking to and from the centre.  | Not occurred |
| Trips, Slips and falls without equipment  | 2/10 | MLR | If no equipment is being used for an activity then the area will be checked for water or other slip hazards. Activity leaders will keep a check on any shoelaces untied and ask for these to be retied. Any bags etc will be, where possible, stowed out of the way of activities such as behind goals or off the field of play | January 2016 4 per annum  |
| Trips, Slips and falls from equipment  | 3/10  | MLR  | Any equipment will be checked by the activity lead for safety. Equipment will be set up in accordance to the guidelines that they came with along with knowledge and experience on the safest practice for young people. Students will be allowed to utilise the equipment if accompanied by an adult or sports leader.  | Not occurred recently 2 per annum  |
| Injuries during warm up, clashes, balls hitting other athletes etc  | 6/10  | MR  | Activity leads will aim to ensure that children are supervised by an adult or at least a sports leader. Students to ideally have their own designated area for warming up and also be aware of any other teams warming up. Activity leads will keep an eye on safe practice and stop any teams/athlete who may be warming up in an unsafe manner such as ‘throwing a ball towards and group of people’.  | Not occurred 1 per annum  |
| Toilets – children integrating with members of public and unsafe situations  | 1/10  | LR  | Children will be advised of the toilet areas but will have to inform their school staff / designated lead on where they are going. It will then be a school decision to allow student/s to go to the toilets. In the majority of cases the centre is either shut off to the event or will be very busy with other children and parents. Any situation that staff feel is unsafe for children should be flagged up immediately.  | Not occurred 0 per annum  |
| Evacuation  | 0.5/10  | LR | AVSSP staff to lead on any evacuation that is required and communicate with staff, parents and athletes. AVSSP will take the lead of the centre staff and management regarding the procedures at the time as these could vary. Athletes will be the responsibility of the school and will be lead to the designated areas outside of the building by AVSSP staff.  | Not occurred 0 per annum  |
| Leaving the facility  | 0.5/10  | LR  | Children / adults cause problems such as trip hazards or trips with one another when leaving the facility due to numbers trying to leave at once. An announcement will be made to ensure that safety is given to leaving the facility both inside and outside if appropriate and based on numbers attending.  | Not occurred 0 per annum  |
| Injury resulting in banners, flags and speakers etc  | 0.5 / 10  | LR | Children pulling on the banners, flags and speaker stands resulting in various injuries. Warnings will be given to children on such equipment and safe practice. Where possible speaker stands will be kept out of the way of children and ‘coned’ off to avoid children from trying to access the stands and speakers.  | Not occurred 0 per annum  |
| Injury resulting from Equipment/faulty equipment/incorrect equipment (general) | 3/10 | MR | All equipment is checked by event organiser, equipment replaced if deemed unsafe, equipment used is appropriate for age related activities. | Not occurred0 per annum |

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| Activity Specific  | Tough Runner |  |
| Venues  | Charles Hill, Alfreton Park, Eyes Meadow, School site or AVBC/DCC recreation ground | Last know occurrence / expected number in last 12 months |
| Trips, falls and injuries from facilities  | 3/10 | LMR | Athletes and staff given a briefing of the facility and the venue. Area to be checked prior to the event taking place to ensure that the facility meets a good standard with the course aiming to avoid any potential trip/fall hazards.Area is clearly marked with activity monitored to ensure children don’t move into an unsafe area. Children encouraged to keep footwear on at all times.Students encouraged to carefully make their way around the course with the emphasis being placed on completing the course safely rather than racing | Not occurred 2 per annum  |
| Dog mess on site  | 2/10 | LR | Organisers will do a pre check of the area so that children do not come in to contact with dog mess.  | Not occurred 0 per annum  |
| Children getting lost  | 1/10 | LR | Event organisers will ensure that marshals are on the site of the furthest points and keep a vigilant watch of any children straying off the course. The course will be viewed from the main start/ finish point so that any children staying off the course can be seen. Schools are also required to be vigilant towards their students when using an external site.  | No occurred 0 per annum  |
| Abduction of children | 1/10 | HR | Children are to be on a course that is clearly marked. Marshalls will be set across the course in the furthest areas to keep watchful of the course and any public gaining access to the site should an external site be used. Staff requirement is to ensure the safety of their children too.  | Not occurred 0 per annum  |
| Exhaustion, dehydration and sun stroke  | 1/10 | LR  | Children are encouraged to take regular breaks and water during the activity with no pressure from staff to continue towards excessive exercise etc. Shaded areas will be identified and utilised where staff deem necessary.  | Not occurred0 per annum  |
| General injuries due to ‘messing around’ when not playing in structured games  | 2/10 | LR  | Children are the responsibility of the school when not part of a session and this message will be relayed to the school that they need to control and managed their students. During the activity sessions strict behaviour management protocols will be followed, if students are misbehaving or disengaged in the activity they will be asked to return to their classroom without taking part. | Not occurred 0 per annum  |
| Issues with car parking  | 1/10 | LR  | We gain entries from schools prior to activities taking place and therefore can adjust our car parking measures to accommodate any expected problems. Where necessary. Car park marshals will be hand to support safe parking of cars if required from numbers. Children will not be running across car parks and organisers will ensure cars will be located away from the event itself.  | Not occurred 0 per annum  |
| Injuries from equipment | 4/10 | MLR | All activities will be fully assessed for risk during the planning of the event. Each activity will be appropriate for the ages involved. Ice packs and basic first aid will be available for any minor injuries which occur. SSP staff will monitor each activity and students will never be left unattended during participation, schools are responsible for the welfare of their students at all times but particularly during times when activity is not being completed | July 20192 per annum |
| Public interference / stray dogs  | 1/10 | LR | Organisers will be vigilant to this and keep an eye out for anything that may cause harm to the athletes and spectators and deal with these incidences as they occur. Only applicable to external sites. | Not occurred0 per annum |
| Injuries from crawling/surface | 2/10 | LR | Organisers to thoroughly check surface for potentially dangerous items such as stones, sticks, glass, tent pegs etc. All such items will be removed and if any concerns are present that the surface is unsafe the piece of equipment wouldn’t be used there. All tent pegs will be positioned around the outside of the nets/sheets to reduce risk of crawling over. All crawling/jumping activities will be positioned on grass and never on concrete | Not occurred1 per annum |
| Panic/stress caused from becoming ‘stuck’ – claustrophobia  | 0.5/10 | MR | All stations will be monitored by organisers as well as school staff, any child showing genuine concern about crawling through a tunnel etc will be supported through the experience or withdrawn from it if necessary. No child will be forced to do anything they do not want to do | Not occurred 0 per annum |
| Illness caused by becoming and staying cold/wet | 1/10 | MR | On cold days participants will be encouraged to wear appropriate clothing and footwear. From first performing on the course participants will be constantly active and discouraged from being inactive outdoors. As soon as the session is over participants will have the opportunity to dry off, change clothes etc. Organisers encourage schools to distribute information to potential participants including appropriate clothing, change of clothes, footwear, towels etc | Not occurred 1 per annum |
| Injury from incorrect technique  | 1/10 | LR | Any station where a specific technique is required this technique will be thoroughly described and demonstrated by organisers. No additional weight will be given to the participants when performing a specific movement so to not increase risk of muscular injury. On stations where weight is required to be lifted a correct lifting technique will be stipulated while all weights will be manageable for the target age group | Not occurred0 per annum |
| Injury from falls from equipment | 2/10 | MR | All equipment which requires students to climb onto or over will be strictly a 1 person at a time. This will be stated and monitored by organisers as well as school staff. Participants will also be reminded that completing the course safely is the main aim, not racing others to discourage ‘racing’ over certain obstacles. All such stations will be placed on grass to avoid serious injury. | April 20182 per annum |
| Injuries from equipment - blindfolded | 1/10 | MR | Blindfolded runs are monitored even more stringently by staff with each blindfolded person supported by at least 1 fellow student, as well as staff taking a more hands on approach. All equipment which is deemed unsuitable for such activities will be removed to avoid potential injury | Not occurred 1 per annum |
| Injuries from equipment – three-legged run | 1/10 | LR | Students will be set off in pairs to discourage further to concept of racing between pairs and therefore the pace of the activity will decrease. Staff will closely monitor each pair and will be on hand to untangle and support if needed. Equipment which is deemed unsuitable will again be removed | Not occurred1 per annum |
| Inflatable slide:Electrical issues ElectrocutionTripsInflatable Blown away causing injury  | 2/10 0.5/105/100.5/10 | LRHRLRMHR | Inflatable will be in operation for the Tough Runner events. Electricity will be provided from mains electricity to the inflatable. This will have an RCD external trip set to a 30 milliamp trip. Should the trip occur staff should be the only one to operate any changes and see professionals if this persist. The RCD will be re-set and tested prior to each use. Electrics which are insulated to IP44 ratings and able to withstand some water but should persistent rain occur then covers for the blower unit will be used. Staff will make a judgement to whether the inflatable is used.The inflatable will have a one way in and one way out system with obstacles not in the way for either exit / entry points. Cables will be kept as clear as possible from participants highlighted by cones. The inflatable will be secured to the floor using the ground pegs provided. These should provide substantial support and anchoring. If there are strong winds and little shelter then staff will make a decision for the safety of the participates and whether to or not to use the inflatable.  | Not occurred 0 per annumNot occurred2 per annumNot occurred 0 per annum |