

AVSSP Competition Categories and Events

Gold	Excel:
	These are competitive events where focus will be mainly placed on winning.
	In most cases these events will require a high skill level in the sport being delivered.
	In most cases team sizes will be small to medium.
	Rules will be strictly administered and will broadly follow National governing body guidelines.
	These events adopt healthy competition and would best suit pupils who are motivated by achieving personal and

Month	Date	Day	Event	Venue	Ages	Time
September	26th	Tuesday	Small Schools Football	Broomfield College	Y5/6	4.00 - 6.00
September	26th	Tuesday	Girls Only Football	Broomfield College	Y5/6	4.00 - 6.00
September	28th	Thursday	Large Schools Football	Broomfield College	Y5/6	4.00 - 6.00
November	20th	Monday	Mini Basketball	Broomfield College	Y5/6	4.00 - 6.00
November	21st	Tuesday	Mini Basketball	Aldercar High	Y5/6	4.00 - 6.00
November	22nd	Wednesday	Small Schools Basketball	Belper LC	Y5/6	4.00 - 6.00
November	23rd	Thursday	Mini Basketball	Swanwick Hall	Y5/6	4.00 - 6.00
November	29th	Wednesday	Basketball Finals	Aldercar High	Y5/6	4.00 - 6.00
January	15th	Monday	Small Schools Boys Futsal	Ripley LC	Y5/6	4.00 - 6.00
January	16th	Tuesday	Boys Futsal	Alfreton LC	Y5/6	4.00 - 6.00
January	18th	Thursday	Boys Futsal	Alfreton LC	Y5/6	4.00 - 6.00
January	23rd	Tuesday	Girls Futsal	Alfreton LC	Y5/6	4.00 - 6.00
January	25th	Thursday	Girls Futsal	Alfreton LC	Y5/6	4.00 - 6.00
March	21st	Thursday	Small Schools TAG Rugby	Belper RFC	Y5/6	4.00 - 6.00
March	21st	Thursday	Elite TAG Rugby	Belper RFC	Y5/6	4.00 - 6.00
April	23rd	Tuesday	High 5 Netball	Aldercar High	Y5/6	4.00 - 6.00
April	25th	Thursday	High 5 Netball	Swanwick Hall	Y5/6	4.00 - 6.00
April	30th	Tuesday	Y3/4 Mini Tennis	Ripley Alfreton Tennis Club	Y3/4	4.00 - 5.30
June	11th	Tuesday	Primary Athletics (Quadkids)	Rutland Sports Centre	KS1 & KS2	9:30-2:30
June	19th	Wednesday	Kwik Cricket Finals	Denby CC	Y5/6	3.00 - 6.00

White	Empower:
	In these events some focus will be placed on competition, with focus also placed upon pupil development and
	The activities will require a moderate skill level to participate effectively.
	Team sizes will range from medium to large in size.
	There will be flexibility on rules and formats
	Look to target students who enjoy taking part in sport but aren't necessarily motivated by winning. Pupils who

Month	Date	Day	Event	Venue	Ages	Time
October	2nd	Monday	KS1 Sportshall	Belper LC	KS1	4.00 - 6.00
October	3rd	Tuesday	KS1 Sportshall	Heanor LC	KS1	4.00 - 6.00
October	5th	Thursday	KS1 Sportshall	Alfreton LC	KS1	4.00 - 6.00
October	9th	Monday	Small Schools Sportshall	Broomfield College	Y5/6	4.00 - 6.00
October	10th	Tuesday	Medium Schools Sportshall	Alfreton LC	Y5/6	4.00 - 6.00
October	12th	Thursday	Large Schools Sportshall	Alfreton LC	Y5/6	4.00 - 6.00
October	16th	Monday	Small Schools Sportshall	Broomfield College	Y3/4	4.00 - 6.00
October	17th	Tuesday	Medium Schools Sportshall	Alfreton LC	Y3/4	4.00 - 6.00
October	19th	Thursday	Large Schools Sportshall	Alfreton LC	Y3/4	4.00 - 6.00
November	13th	Monday	KS1 Handball	Belper LC	KS1	4.00 - 6.00
November	14th	Tuesday	KS1 Handball	Heanor LC	KS1	4.00 - 6.00
November	16th	Thursday	KS1 Handball	Alfreton LC	KS1	4.00 - 6.00
November	27th	Monday	Handball	Belper LC	Y3/4	4.00 - 6.00
November	28th	Tuesday	Handball	Heanor LC	Y3/4	4.00 - 6.00
November	30th	Thursday	Handball	Alfreton LC	Y3/4	4.00 - 6.00
January	29th	Monday	KS1 Dodgeball	Belper LC	KS1	4.00 - 6.00
January	30th	Tuesday	KS1 Dodgeball	Heanor LC	KS1	4.00 - 6.00
February	1st	Thursday	KS1 Dodgeball	Alfreton LC	KS1	4.00 - 6.00
February	5th	Monday	Y3/4 Dodgeball	Belper LC	Y3/4	4.00 - 6.00
February	6th	Tuesday	Y3/4 Dodgeball	Heanor LC	Y3/4	4.00 - 6.00
February	8th	Thursday	Y3/4 Dodgeball	Alfreton LC	Y3/4	4.00 - 6.00
February	12th	Monday	Y5/6 Dodgeball	Belper LC	Y5/6	4.00 - 6.00

February	13th	Tuesday	Y5/6 Dodgeball	Heanor LC	Y5/6	4.00 - 6.00
February	15th	Thursday	Y5/6 Dodgeball	Alfreton LC	Y5/6	4.00 - 6.00
March	5th	Tuesday	Key Steps 1 Gymnastics	Alfreton LC	Y1/2	4.00 - 6.00
March	5th	Tuesday	Key Steps 2 Gymnastics	Alfreton LC	Y3/4	4.00 - 6.00
March	7th	Thursday	Key Steps 3 Gymnastics	Alfreton LC	Y5/6	4.00 - 6.00
March	12th	Tuesday	Table Tennis	Ripley Academy	Y5/6	4.00 - 6.00
March	26th	Tuesday	Cross Country	Charles Hill	Y3/4 & Y5/6	4.00 - 5.30
March	26th	Tuesday	KS1 Cross Country	Charles Hill	KS1	3.00 - 4.00
March	27th	Wednesday	Cross Country	Eyes Meadow	Y3/4 & Y5/6	4.00 - 5.30
March	28th	Thursday	Cross Country	Alfreton Park	Y3/4 & Y5/6	4.00 - 5.30
April	24th	Wednesday	Quicksticks Hockey	Belper Hockey Club	Y3/4	4.00 - 5.30
May	20th	Monday	KS1 Football	Belper High School	KS1	4.00 - 6.00
May	21st	Tuesday	KS1 Football	Charles Hill	KS1	4.00 - 6.00
May	22nd	Wednesday	Team Go Ride Cycling	Kilburn Junior	Y4-6	4.00 - 5.30
May	23rd	Thursday	KS1 Football	Swanwick Sports College	KS1	4.00 - 6.00
June	6th	Thursday	Individual Go Ride (Round 1)	Riddings Junior / Kilburn Junior	Y4-6	4.00 - 5.30
June	12th	Wednesday	Kwik Cricket Rounds	Various	Y5/6	4.00 - 6.30
June	17th	Monday	Swim Gala	TBC	Y5/6	9.30 - 11.30
June	17th	Monday	Swim Gala	TBC	Y5/6	12.30 - 2.30
June	20th	Thursday	Rounders	TBC	Y4-6	4.00 - 6.00
July	2nd	Tuesday	Individual Go Ride (Round 2)	Eyes Meadow	Y4-6	4.00 - 5.30
July	10th	Wednesday	Individual Go Ride Finals	Charles Hill	Y4-6	4.00 - 5.30

Blue	Emerge:
	These events will focus mainly on student development and intrinsic values with some elements of competition.
	Most of these events will require a low to moderate skill level to effectively participate.
	Team sizes will range from medium to large in size.
	The event rules will be flexible and aim to suit the participant's and their needs.
	These events are aimed at the most inactive students who do not ordinarily value sport and physical activity. These

Month	Date	Day	Event	Venue	Ages	Time
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December	6th	Wednesday	Dance Platform	David Nieper Academy	KS1 & 2	4.30 - 6.00
January	24th	Wednesday	Indoor Rowing	Ripley LC	Y5/6	9.30 - 11.30
January	24th	Wednesday	Indoor Rowing	Ripley LC	Y5/6	4.00 - 6.00
March	19th	Tuesday	Girls Rugby Mega-Festival	TBC	Y5/6	4.00 - 6.00
March	19th	Tuesday	Rugby Mega-Festival	TBC	Y5/6	4.00 - 6.00
April	29th	Monday	KS1 Balance Bike Racing	Alfreton LC	Y1/2	9.30 - 11.30
May	1st	Wednesday	Dance Platform	David Nieper Academy	All	4.30 - 6.00
May	2nd	Thursday	Tennis Skills Festival	Alfreton LC	Y3/4	4.00 - 5.30
June	5th	Wednesday	Golf	Ormonde Fields GC	Y5/6	1.00 - 3.00
June	5th	Wednesday	Golf	Ormonde Fields GC	Y5/6	4.00 - 6.00
June	19th	Wednesday	Kwik Cricket Girls	Denby CC	Y5/6	4.00 - 6.00
June	26th	Wednesday	Orienteering	Eyes Meadow	Y3/4	1.00 - 3.00
June	26th	Wednesday	Orienteering	Eyes Meadow	Y5/6	4.00 - 6.00

Green	Plus:					
	Suitable for students on the SEN/D register who would not ordinarily have the opportunity to represent their school					

Month	Date	Day	Event	Venue	Ages	Time
October	17th	Tuesday	Sportshall Athletics Plus	Alfreton LC	Y3-6	1.00 - 3.00
December	5th	Tuesday	Multi-Sport Festival Plus	Heanor LC	KS1 & 2	1.00 - 3.00
January	16th	Tuesday	Boccia Plus	Alfreton LC	KS2	1.00 - 3.00
January	24th	Wednesday	Indoor Rowing Plus	Ripley LC	KS2	1.00 - 3.00
February	13th	Tuesday	Dodgeball Plus	Heanor LC	KS2	1.00 - 3.00
March	5th	Tuesday	Kurling Plus	Alfreton LC	KS2	1.00 - 3.00
May	23rd	Thursday	Football Plus	Swanwick Sports College	Y4-6	1.00 - 3.00

Month	Date	Day	Event	Venue	Ages	Time
November	10th	Friday	Junior Leadership Conference	Ripley LC	Y5/6	9.30 - 11.30
November	10th	Friday	Junior Leadership Conference	Ripley LC	Y2	12.30 - 2.30
January	26th	Friday	Health & Well-Being Conference	Heanor LC	Y2-Y4	9.30 - 11.30
March	15th	Friday	Physical Literacy & Motor Skill Story	Ripley LC	Y2-Y4	9.30 - 11.30