

**Special Schools Multi-Skills Video Links
At School / At Home versions**

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| **Pre-season****Balance & Agility** | **At School** | **At Home** |
| Murray Movement | <https://youtu.be/GRjq11aQ4t0>  | Garden Game - <https://youtu.be/7pmANg7YV6Q> |
| Precision Bean Bag | <https://youtu.be/KfdYvyjRLvI>  | Indoor Target Game - <https://youtu.be/-_hmqisIGiU> |
| Funfair | <https://youtu.be/R1gum70_8ec> | Indoor Target Game - <https://youtu.be/E76uthkCoJY> |
| Parachute popped | <https://youtu.be/wYRhc1rBVAs> | Similar to Garden Game “Jumping Game: Treasure Chest”Video to come |
| **Pre-season Target** |  |  |
| Into the Tower | <https://youtu.be/x-hSngC90R0> | Indoor Target Game - <https://youtu.be/4pCM-tmeQlE> |
| Kurling Knockout | <https://youtu.be/WcV1zJCEAko>  | See Indoor Target Game “Into The Tower’s” written rules - “Kurling Knockout” variation game. |
| Direct Hit | <https://youtu.be/tUgXuDH47kg>  | See Garden Game “Shooting Range” written rules - “Direct Hit” variation. |
| Harlem Hoops | <https://youtu.be/r74h-6zFKdM>  | Garden Game renamed as “Shooting Range” -<https://youtu.be/WdECq1NgDMM> |
| **Pre-seasonThrowing** |  |  |
| Noughts and Crosses | <https://youtu.be/knd0bewBhrQ> | Indoor Game - <https://youtu.be/mfbUcXhhPrQ> |
| Traffic Lights | <https://youtu.be/3E76u8A8Dmc> | Garden Tennis Game “3-2-1 Buckets” - Video to comeIs similar to Boccia Games like “Close Move” & “Dunk it!”Video’s to come |
| Boccia Blast | <https://youtu.be/JqA3_1icrTI> | See Garden Game “Precision Football” written rules – “Blast!”, played with a tennis ball |
| Flip it | <https://youtu.be/J9LovfVTHOY> | 2 versions:Garden Game - <https://youtu.be/pa-xZU71H2E>Indoor Target Game “Basket Flip It” - Video to come |
| **Game Day****Selected by Panathlon** |  |  |
| Into the Tower | <https://youtu.be/x-hSngC90R0>  | Indoor Target Game - <https://youtu.be/4pCM-tmeQlE> |
| Traffic Lights | <https://youtu.be/3E76u8A8Dmc> | Garden Tennis Game “3-2-1 Buckets” - Video to comeSee similar Boccia Games like “Close Move” & “Dunk it!”Video’s to come |
| Direct Hit | <https://youtu.be/tUgXuDH47kg>  | See Garden Game “Shooting Range” written rules - “Direct Hit” variation. |
| Flip it | <https://youtu.be/J9LovfVTHOY> | 2 versions:Garden Game - <https://youtu.be/pa-xZU71H2E>Indoor Target Game “Basket Flip It” - Video to come |

NB. ‘At Home’ Games also include additional Boccia, Table Cricket & Polybat games. The above lists the games corresponding to the virtual Multi-Skills pre-season & game day activities.