Amber Valley School Sport Partnership Risk Assessment

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| Activity | Indoor Rowing |
| Reviewed | December 2016 |

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| Risk of Injury | Low Risk – No real medical attention required such as slight graze  Medium Low Risk – Need for some assistance, athlete able to continue but may need something such as ice pack for relief  Medium Risk – When an athlete requires more than ice treatment such as first aid equipment required for any cuts and bruises and if in a centre trained site site called  High Risk – Need for external first aid such as ambulance services |

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| Note to schools | Whilst the AVSSP aim to ensure that facilities and activities are safe and appropriate to ensure that all athletes leave the competition / event / day safely it is the RESPONSIBILITY OF THE SCHOOL to ensure that all children remain in their care and practice safely whilst in attendance.  A school responsibility will include the following which isn’t an exhaustive list; - toilet runs, safe practice when non participating, signing in and out, photo and medical consent, appropriate clothing and safety equipment such as shin guards. |

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| Hazard | Likelihood  1 Low – 10 High | Risk of Injury | Control Measures | Last know occurrence / expected number in last 12 months |
| Students accessing the centre, trip or fall when making their way to the centre. | 2 / 10 | LR | Students are to be with the school teacher / designated career for the pupils and should walk through the centres with care. The centres will have risk assessment for the students walking to and from the centre. | Not occurred |
| Trips, Slips and falls without equipment | 2/10 | MLR | If no equipment is being used for an activity then the area will be checked for water or other slip hazards. Activity leaders will keep a check on any shoelaces untied and ask for these to be retied. Any bags etc will be, where possible, stowed out of the way of activities such as behind goals or off the field of play | January 2016  4 per annum |
| Trips, Slips and falls from equipment | 3/10 | MLR | Any equipment will be checked by the activity lead for safety. Equipment will be set up in accordance to the guidelines that they came with along with knowledge and experience on the safest practice for young people. Students will be allowed to utilise the equipment if accompanied by an adult or sports leader. | Not occurred recently  2 per annum |
| Injuries during warm up, clashes, balls hitting other athletes etc | 6/10 | MR | Activity leads will aim to ensure that children are supervised by an adult or at least a sports leader. Students to ideally have their own designated area for warming up and also be aware of any other teams warming up. Activity leads will keep an eye on safe practice and stop any teams/athlete who may be warming up in an unsafe manner such as ‘throwing a ball towards and group of people’. | Not occurred  1 per annum |
| Toilets – children integrating with members of public and unsafe situations | 1/10 | LR | Children will be advised of the toilet areas but will have to inform their school staff / designated lead on where they are going. It will then be a school decision to allow student/s to go to the toilets. In the majority of cases the centre is either shut off to the event or will be very busy with other children and parents. Any situation that staff feel is unsafe for children should be flagged up immediately. | Not occurred  0 per annum |
| Evacuation | 0.5/10 | LR | AVSSP staff to lead on any evacuation that is required and communicate with staff, parents and athletes. AVSSP will take the lead of the centre staff and management regarding the procedures at the time as these could vary. Athletes will be the responsibility of the school and will be lead to the designated areas outside of the building by AVSSP staff. | Not occurred  0 per annum |
| Leaving the facility | 0.5/10 | LR | Children / adults cause problems such as trip hazards or trips with one another when leaving the facility due to numbers trying to leave at once. An announcement will be made to ensure that safety is given to leaving the facility both inside and outside if appropriate and based on numbers attending. | Not occurred  0 per annum |
| Injury resulting in banners, flags and speakers etc | 0.5 / 10 | LR | Children pulling on the banners, flags and speaker stands resulting in various injuries. Warnings will be given to children on such equipment and safe practice. Where possible speaker stands will be kept out of the way of children and ‘coned’ off to avoid children from trying to access the stands and speakers. | Not occurred  0 per annum |
| Injury resulting from Equipment/faulty equipment/incorrect equipment (general) | 3/10 | MR | All equipment is checked by event organiser, equipment replaced if deemed unsafe, equipment used is appropriate for age related activities. | Not occurred  0 per annum |

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| Activity Specific | Indoor Rowing  John Flamsteed School, Ecclesbourne School | | | Last know occurrence / expected number in last 12 months |
| Injuries from rowing machines | 2/10 | LR | Machines will be thoroughly checked beforehand for any unsafe features. Participants will be instructed of safe way to use the machines with those failing to do so continuously in risk of being banned from using them. Those who require additional support when using will be afforded this by SSP or school staff | Not occurred  1 per annum |
| Chairs and other equipment unsafe to use | 1/10 | LR | Staff will ensure that all equipment, such as the chairs young people sit are are safe to be used. Balls will be checked for any splitting. | Not occurred  0 per annum |
| Over exertion | 1/10 | LR | Races will be of an appropriate distance for those taking part with schools selecting their athletes for each race based on fitness levels and how many races they’ve already completed. Staff will be on hand to monitor participants | Not occurred  0 per annum |
| Tripping over wires/machines | 1/10 | LR | Machines will be plugged into software system as part of the event. All wiring will be out of the way where possible with any that could cause a potential trip hazard being clearly signposted. A no go area will also be set up where the majority of software etc will be housed | Not occurred  0 per annum |
| Injuries while ‘messing around’ | 2/10 | LR | Students who attend are responsibility of school staff with any irresponsible behaviour while not participating to be monitored by event staff who will then advise school staff accordingly | Not occurred  0 per annum |
| Collisions during ‘change overs’ | 1/10 | LR | Some races require students to quickly change over on machine usage. Teams are advised and given time to work out a change-over routine to limit risk of collisions with school staff overseeing their own team | Not occurred  0 per annum |