Swanwick School & Sports College, Hayes Lane, Swanwick, Derbyshire, DE55 1AR

How many shuttle runs can each pupil complete in 1 minute



NSSW Mini Olympic Competition
Run, Jump and Throw your way to London 2012

Teacher record sheets

Shuttle runs

| А | Place cones 10m apart | В | | | | | |
|---------------------|-----------------------|-------------|-----------------------|------------------------------------|--|--|--|
| A to B equals 1 run | | | | | | | |
| Results | | | | | | | |
| | | | Group | | | | |
| 1 | Name of pupil | How many sh | nuttle runs completed | Distance (number of shuttles X 10) | | | |
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| | | | | | | | |
| Total numb | per of pupils | | | Total distance in metres | | | |











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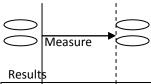


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Standing Long Jump

A measured 2 foot to 2 foot jump from a line. Measure jump to the back of the heel when the jump is landed.



| 1 | | | | |
|-------------------------|-------------------------|---|--|--|
| Group | | | | |
| 1 st Attempt | 2 nd Attempt | Best score | | |
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| | | Total distance in n | | |
| | | Total distance | | |
| | 1 st Attempt | 1 st Attempt 2 nd Attempt | | |





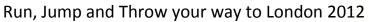






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NSSW Mini Olympic Competition





Teacher record sheets

Seated Ball Throw (using a netball or football)

This is an overhead throw from sitting on a chair.

Feet must be behind a line and distance is measured from the line to where the ball first lands.

Results

| Nesuits | Group | | |
|------------------------|-------------------------|-------------------------|---------------------|
| Name of pupil | 1 st Attempt | 2 nd Attempt | Best score |
| | | | |
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| | | | |
| Total number of pupils | | | Total distance in m |











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Class Teacher Collation Sheet

Please enter your results into the table below and pass this onto your PLT by the deadline below:

| Class | | | | | |
|------------------------|--------------|--------------------|-------------------|--|--|
| | Shuttle Runs | Standing Long Jump | Seated Ball Throw | | |
| Total number of pupils | | | | | |
| Total distance | | | | | |











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PLT collation Sheet

Foundation and Key Stage 1

| Foundation and Key Stage 1 Shuttle Run | | | | | | | |
|--|-------------|------------------------|----------------|------------------|--|--|--|
| Class | Event | Number of pupils | Total distance | Average distance | | | |
| FS | Shuttle run | | | | | | |
| Y1 | Shuttle run | | | | | | |
| Y2 | Shuttle run | | | | | | |
| | | Total number of pupils | Total distance | | | | |

Foundation and Key Stage 1 **Seated Ball Throw Event** Number of pupils Class Total distance Average distance FS Seated Ball Throw Seated Ball Throw Y1 Y2 Seated Ball Throw Total distance Total number of pupils











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PLT collation Sheet

Key Stage 2

Key Stage 2

Shuttle Runs

| Class | Event | Number of pupils | Total distance | Average distance |
|-------|--------------|------------------------|----------------|------------------|
| Y3 | Shuttle runs | | | |
| Y4 | Shuttle runs | | | |
| Y5 | Shuttle runs | | | |
| Y6 | Shuttle runs | | | |
| | | Total number of pupils | Total distance | |

Key Stage 2

Standing Long Jump

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|---------------------|--------------------|------------------------|----------------|------------------|
| Class | Event | Number of pupils | Total distance | Average distance |
| Y3 | Standing Long Jump | | | |
| Y4 | Standing Long Jump | | | |
| Y5 | Standing Long Jump | | | |
| Y6 | Standing Long Jump | | | |
| | | Total number of pupils | Total distance | |

Key Stage 2

Seated Ball Throw

| Class | Event | Number of pupils | Total distance | Average distance |
|-------|-------------------|------------------------|----------------|------------------|
| Y3 | Seated Ball Throw | | | |
| Y4 | Seated Ball Throw | | | |
| Y5 | Seated Ball Throw | | | |
| Y6 | Seated Ball Throw | | | |
| | | Total number of pupils | Total distance | |

School Intra Competition

The results tables above can be used within school to provide information for your intra competition, however you choose to run it i.e. either classes in the same year group competing against each other or groups within the same class competing.









